

- ▶ The Sport Level 3 course will provide the opportunity to develop practical vocational skills, knowledge and understanding for work and coaching in the expanding area of leisure and recreation. A variety of learning styles are developed. These include formal class learning, group work, presentation and individual tutorials relating to the assessment programme.

## BTEC LEVEL 3 SPORT



- ▶ Careers in the Sport and Active Leisure Industry
- ▶ Health, Wellbeing and Sport
- ▶ Developing Coaching Skills
- ▶ Applied Coaching Skills
- ▶ Research project in Sport (external set)
- ▶ Sport Development
- ▶ Self -employment in Sport and Physical Activity
- ▶ Nutrition for Physical Performance
- ▶ Sporting Injuries
- ▶ Functional Sports Massage
- ▶ Practical Sports Application
- ▶ Organising Events in Sport and Physical Activities

## COURSE CONTENT:

- ▶ Trainee supervisory positions in sport and recreation as, for example, lifeguards, coaches, fitness instructors or recreation assistants.
- ▶ The full level 3 qualification enables access to higher education or a Bachelors Degree in a related subject at university

## WHAT CAN I DO NEXT?

“

I'm the type of person that likes to get stuck in and really involved in what I do. That's the way I learn best.

**Max Whitlock MBE**  
Double Olympic Gold Medallist  
BTEC Sport

